

Athletes must declare their intention to compete at least 60 minutes before the start of their event.						
Friday 16th February 2024						
Field						
Event No	Final Call	Time	Event	Age	Info	
1630-1750hrs Warm Up						
1		18:00	Pole Vault	All	Final	SH 2.14
2		18:00	Triple Jump	U15 Boys	Final	7m/9m
				U17 Women		
3		18:00	High Jump	U13 Boys	Final	SH 1.19
4		18:00	High Jump	U15 Boys Mas Men	Final	SH 1.24
5		18:00	Shot Put	U17 Men	Final	Circle 1
6		19:15	Shot Put	U17 Women	Final	Circle 1
7		19:15	Triple Jump	U15 Girls	Final	7m/9m
				U20 Women		
				Sen Women		
8		19:15	High Jump	U13 Girls	Final	SH 1.09
				U15 Girls		SH 1.14
9		20:00	Triple Jump	U17 Men	Final	7m/9m/11m
				U20 Men		
				Senior Men		

Call Room checks for Friday events will be carried out at the event sites

Minimum 2 Warm Up Attempts

TJ/SP - All athletes will receive 3 trials with the top 6 receiving a further 3 trials

PV Progressions: 2m14 and 15cms thereafter / HJ Progressions in 5cm increments

Scan for results:



Athletes must declare their intention to compete at least 60 minutes before the start of their event.						
Saturday 17th February 2024						
Track						
Event No	Final Call	Time	Event	Age	Info	
0900-0950hrs Warm Up						
10	09:45	10:00	60mH	U17 Men	Semi Final	2
11	09:55	10:10	60mH	U15 Boys	Semi Final	2
12	10:05	10:20	60mH	U17 Wom	Semi Final	2
13	10:15	10:30	60mH	U15 Girls	Semi Final	3
14	10:30	10:45	60mH	U13 Boys	Semi Final	2
15	10:40	10:55	60mH	U13 Girls	Semi Final	2
1100-1130hrs Warm Up						
16	11:20	11:35	60mH	Sen Men	Final	1
17	11:25	11:40	60mH	U20 Men	Final	1
18	11:30	11:45	60mH	U17 Men	Final	1
19	11:35	11:50	60mH	Sen Wom	Final	1
20	11:40	11:55	60mH	U20 Wom	Final	1
21	11:45	12:00	60mH	U15 Boys	Final	1
22	11:50	12:05	60mH	U17 Wom	Final	1
23	11:55	12:10	60mH	U15 Girls	Final	1
24	12:00	12:15	60mH	U13 Boys	Final	1
25	12:05	12:20	60mH	U13 Girls	Final	1
1225-1250hrs Warm Up						
26	12:40	12:55	60m	Mas Men	Semi Final	3
27	12:52	13:07	60m	Sen/Para Men	Semi Final	3
28	13:04	13:19	60m	Sen Wom	Semi Final	2
29	13:12	13:27	60m	U20 Men	Semi Final	2
30	13:20	13:35	60m	U20 Wom	Semi Final	2
1345-1415hrs Warm Up						
31	14:05	14:20	60m	U17 Men	Semi Final	3
32	14:17	14:32	60m	U17 Wom	Semi Final	3
33	14:26	14:41	60m	U15 Boys	Semi Final	3
1500-1530hrs Warm Up						
34	15:20	15:35	60m	U15 Girls	Semi Final	3
35	15:32	15:47	60m	U13 Boys	Semi Final	3
36	15:44	15:59	60m	U13 Girls	Semi Final	3
1615-1640hrs Warm Up						
37	16:30	16:45	60m	Mas Men	Final	1
38	16:33	16:48	60m	Mas Wom	Final	1
39	16:36	16:51	60m	Sen Men	Final	1
40	16:39	16:54	60m	Sen Wom	Final	1
41	16:42	16:57	60m	U20 Men	Final	1
42	16:45	17:00	60m	U20 Wom	Final	1
43	16:48	17:03	60m	U17 Men	Final	1
44	16:51	17:06	60m	U17 Wom	Final	1
45	16:54	17:09	60m	U15 Boys	Final	1
46	16:57	17:12	60m	U15 Girls	Final	1
47	17:00	17:15	60m	U13 Boys	Final	1
48	17:03	17:18	60m	U13 Girls	Final	1
Saturday 17th February 2024						
FIELD						
Event No	Final Call	Time	Event	Age	Info	
49	09:20	10:00	Long Jump	U13 Boys	Final	
50	10:50	11:30	Long Jump	U13 Girls	Final	
51	12:20	13:00	Long Jump	U15 Boys	Final	
52	13:50	14:30	Long Jump	U15 Girls	Final	
53	15:20	16:00	Long Jump	U17 Men	Final	

Scan for results:



Athletes must declare their intention to compete at least 60 minutes before the start of their event.						
Sunday 18th February 2024						
Field						
Event No	Final Call	Time	Event	Pool	Info	
0900-0955hrs Warm Up						
54	09:20	10:00	Long Jump	U17 Wom	Final	
55	09:20	10:00	High Jump	U20 Men	Final	SH 1.49
56	09:20	10:00	Shot Put	U13 Girls	Final	
57	10:20	11:00	Shot Put	U15 Girls	Final	
58	10:50	11:30	Long Jump	U20 Wom	Final	
59	10:50	11:30	High Jump	U17 Wom	Final	SH 1.24+
60	11:20	12:00	Shot Put	U13 Boys	Final	
61	12:20	13:00	Long Jump	U20 Men	Final	
				Sen/Para Men		
				Mas Men		
62	12:20	13:00	High Jump	U17 Men	Final	SH 1.29
63	12:20	13:00	Shot Put	U15 Boys	Final	
64	13:50	14:30	Shot Put	U20 Wom	Final	
				Sen/Mas Wom		
65	13:50	14:30	High Jump	Sen/U20 Wom	Final	SH 1.24+
66	15:20	16:00	Shot Put	U20/Mas Men	Final	
				Sen/Para Men		
67	15:20	16:00	Long Jump	Sen/Mas Wom	Final	

Minimum 2 Warm Up Attempts

LJ/SP - All athletes will receive 3 trials with the top 6 receiving a further 3 trials

HJ Progressions in 5cm increments

